

SECTION 23.

MEDICAL SCIENCES AND PUBLIC HEALTH

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MULTIDISCIPLINARY APPROACH TO PSYCHOHYGIENIC DIAGNOSTICS OF THE HEALTH STATE OF STUDENTS

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Psychohygienic diagnostics is a area of preventive medicine that studies an individual in integral unity with the indicators of the functional state of his organism, and entire teams that are included in the system of relationships with the environment in order to determine the peculiarities of the transition of adaptive and compensatory reactions of the organism in the stage of latent prenosological states for the further development of effective measures of psychohygienic correction [1, 2, 3, 4, 5, 6].

The research conducted on the basis of National Pirogov Memorial Medical University using hygienical, medical sociological, psychodiagnostic, psychophysiological, epidemiological, and statistical methods and methods of multidimensional statistical analysis.

According to the received data, the following provisions are defined as scientific principles of psychohygienic diagnosis of the health status of pupils and students, which is fully adequate to the requirements of modern preventive and clinical medicine: introduction of a comprehensive approach to the study of personality traits of young women and young men; objectification and content filling of the applied methods; ensuring the reliability and validity of the diagnostic methods used; implementation of the systemic nature of the use of diagnostic tools.

The introduction and use of a comprehensive approach to the study of the personality characteristics of pupils and students allows us to imagine a holistic picture of the individual coloring of personal manifestations of any person, which is provided by data collection according to triad: life - question - test.

The objectification and meaningful content of the applied methods is determined by the content-psychological orientation of the development strategy

and the adequate, in accordance with the existing requirements, use of diagnostic tools, the main methods of use of which should be considered: standard-oriented, criterion-oriented, and psychosemantic testing.

Ensuring the reliability and validity of the diagnostic techniques used determines a high degree of probability of obtaining identical results in case of repeated testing, ease of interpretation and distribution of the obtained results, as well as their relevance and practical significance. The implementation of the systemic nature of the use of diagnostic tools provides an opportunity to select and implement a highly specialized, however, multifaceted battery of tests, which is a group of test methods aimed at an in-depth comprehensive study at the time of research of different levels of development and structural components of personality traits, as well as its general.

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